



Emergency Food Assistance Program

About the *Emergency Food Assistance Program*:

The San Diego Food Bank's *Emergency Food Assistance Program* distributes emergency food packages at 80 different locations across San Diego County every month. The majority of the food distributed at these sites includes nonperishable and shelf-stable food items.

Where do *Emergency Food Assistance Program* food distributions take place?

The Food Bank partners with 80 nonprofits across San Diego County. The food distributions often take place in a parking lot. The Food Bank's truck delivers food to the site, and volunteers from the nonprofit put the food in grocery bags and give the groceries to our clients standing in line.

Are there income guidelines for the *Emergency Food Assistance Program*?

Yes. To qualify for this program, your household must meet federal income guidelines determined by household size and household income (see below).

Please note: Proof of income is NOT REQUIRED to receive food from this program. This is a verbal self-certification program.

Emergency Food Assistance Program Income Guidelines		
Household Size	Monthly Household Income	Annual Household Income
1	\$ 2,498.83	\$ 29,986.00
2	\$ 3,376.17	\$ 40,514.00
3	\$ 4,253.50	\$ 51,042.00
4	\$ 5,130.83	\$ 61,570.00
5	\$ 6,008.17	\$ 72,098.00
6	\$ 6,885.50	\$ 82,626.00
Each additional member	add \$877.33 each	add \$10,528 each

What is included in my monthly EFAP food bag?

Food items vary from month to month. A typical EFAP bag will include a variety of: canned vegetables, canned soups, canned fruits, canned meats, pasta, oatmeal, rice, beans and frozen food items.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: 1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; 2) fax: (202) 690-7442; or 3) email: program.intake@usda.gov. This institution is an equal opportunity provider.

Monday, July 6

25 new locations have been opened through partnership with Catholic Charities Dioceses of San Diego's Emergency Food Distribution Network.

COVID-19: Review locations and schedule a pick-up or **delivery** at www.ccdsd.org/efdn or by phone (619) 323-2841 follow the prompts (option 2) English, Spanish, and Vietnamese

CENTRAL

Location: Old Town Community Church
2444 Congress Street
San Diego, CA 92112
Between San Diego Avenue and Conde Street

Food Distribution Days & Hours: Open Mondays from 1:00 - 4:00 pm

Location: Jewish Family Service of San Diego
8804 Balboa Avenue
San Diego, CA 92123
Near Coleman University. Distribution is at the building on your left as you enter parking lot;

Food Distribution Days & Hours: COVID-19 hours: Monday – Friday 11:00 am – 1:00 pm

Location: Community Christian Service Agency
4167 Rappahannock Avenue
San Diego, CA 92117
North of Linda Vista Road, cross street is Clairemont Drive

Food Distribution Days & Hours: Monday - Friday from 9:30 am - 3:00 pm

Location: Calvary Evangelical Lutheran Church
3060 54th Street
San Diego, CA 92105
Enter through 54th Frontage St. Go to the one-story building behind the church building.

Food Distribution Days & Hours: COVID-19 hours Monday & Wednesday 11:00 am - 2:00 pm

Location: San Diego Armed Services YMCA
3293 Santo Road
San Diego, CA 92124
Distribution happens at parking lot

Food Distribution Days & Hours: COVID-19 Hours: Mondays, 8:00 am - 11:00 am

Helpful Tip: Line numbers issued at 9:00 am, you can leave the line, special lines for persons with disabilities

NORTH COUNTY

Location: North County Food Bank
1445 Engineer Street, Suite #110
Vista, CA 92081
Nearest major intersection is Sycamore and S. Melrose.

Food Distribution Days & Hours: **Food Distribution Days & Hours:** Monday - Friday 9:00 am - 5:00 pm; no appointment needed; if carpooling, must show proof of different addresses

Location: Brother Benno Foundation
3260 Production Avenue
Oceanside, CA 92058
Between Roymar Road and Airport Road

Food Distribution Days & Hours: Monday - Friday from 6:30 am - 10:45 am & 11:30 am - 12:00 pm

Location: Community Resource Center
650 Second Street
Encinitas, CA 92024
Between E and F Street

Food Distribution Days & Hours: Monday - Friday from 8:30 am - 12:30 pm

Location: Christian Credit Counselors
5838 Edison Place # 130
Carlsbad, CA 92008
From Camino Vida Roble, drive into Edison Place, 1st parking lot entrance on your left. This is an OFFICE building.

Food Distribution Days & Hours: Monday - Friday from 8:00 am - 4:00 pm

Location: The Community Food Connection
14047 Twin Peaks Road
Poway, CA 92064
Passing Twin Peaks Middle School just before CIRCLE K behind Trinity Church

Food Distribution Days & Hours: Mondays, Wednesdays, & Fridays from 3:00 pm - 6:00 pm

EAST COUNTY & RURAL

Location: Lakeside Christian Helps Center
9931 Channel Road
Lakeside, CA 92040
Crossing Street Wintergardens

Food Distribution Days & Hours: Monday-Thursdays from 10:00 am to 12:00 pm

Location: La Mesa Seventh Day Adventist Community Church
4207 Spring Gardens Road
La Mesa, CA 91941
Across Spring Street next to Sunny Donut Shop

Food Distribution Days & Hours: Mondays, Tuesdays, & Thursdays from 9:00 am - 12:00 pm

SOUTH BAY

Location: Hearts & Hands Working Together
663 E San Ysidro Boulevard

San Ysidro, CA 92173

At San Ysidro Community Service Center. Distribution happens in the back of the building; wire fence door at far left of parking lot will open exactly at distribution time.

Food Distribution Days & Hours: COVID-19 hours: Monday - Friday from 3:00 pm - 5:30 pm

Location: Lutheran Social Services - Project Hand

580 Hilltop Drive

Chula Vista, CA 91910

East H Street on the cross street of "I" Street

*Currently no parking out front of distribution (due to construction). Participants may enter the Church on the north side and walk south to "I" street to the door for food distribution.

Food Distribution Days & Hours: Mondays, Wednesdays and Fridays from 9:00 am - 2:00 pm

Tuesday, July 7

25 new locations have been opened through partnership with Catholic Charities Dioceses of San Diego's Emergency Food Distribution Network.

COVID-19: Review locations and schedule a pick-up or **delivery** at www.ccdsd.org/efdn or by phone (619) 323-2841 follow the prompts (option 2) English, Spanish, and Vietnamese

CENTRAL

Location: Jewish Family Service of San Diego

8804 Balboa Avenue

San Diego, CA 92123

Near Coleman University. Distribution happens at the building on your left as you enter parking lot; reception area.

Food Distribution Days & Hours: COVID-19 hours: Monday – Friday 11:00 am – 1:00 pm

Location: Community Christian Service Agency

4167 Rappahannock Avenue

San Diego, CA 92117

North of Linda Vista Road, cross street is Clairemont Drive

Food Distribution Days & Hours: Monday - Friday from 9:30 am - 3:00 pm

Location: Unions United, United Way of San Diego County

4699 Murphy Canyon Road

San Diego, CA 92123

Food Distribution Days & Hours: Tuesday – Friday from 8:00 am – 4:30 pm **by appointments only (858) 636-4116**

Location: New Life Christian Covenant Church

2130 Saipan Drive

San Diego, CA 92139

Between Alleghany Street & Potomac St. Distribution happens in the back of the Church. Lights at lot turn on as you drive in.

Food Distribution Days & Hours: Tuesdays and Thursdays from 4:00 pm - 6:00 pm

NORTH COUNTY

Location: North County Food Bank
1445 Engineer Street, Suite #110
Vista, CA 92081

Nearest major intersection is Sycamore and S. Melrose.

Food Distribution Days & Hours: **Food Distribution Days & Hours:** Monday - Friday 9:00 am - 5:00 pm; no appointment needed; if carpooling, must show proof of different addresses

Location: Brother Benno Foundation
3260 Production Avenue
Oceanside, CA 92058
Between Roymar Road and Airport Road

Food Distribution Days & Hours: Monday - Friday from 6:30 am - 10:45 am & 11:30 am - 12:00 pm

Location: Community Resource Center
650 Second Street
Encinitas, CA 92024
Between E and F Street

Food Distribution Days & Hours: Monday - Friday from 8:30 am - 12:30 pm

Location: Ramona Food & Clothes Closet Incorporated (in donation drop off area)
773 Main Street
Ramona, CA 92065
Between 7th Street & 8th Street, parking lot in the back

Food Distribution Days & Hours: COVID-19 HOURS Tuesday- Thursday 9:30 am – 2:00 pm

Location: Christian Credit Counselors
5838 Edison Place # 130
Carlsbad, CA 92008
From Camino Vida Roble, drive into Edison Place, 1st parking lot entrance on your left. This is an OFFICE building.

Food Distribution Days & Hours: Monday - Friday from 8:00 am - 4:00 pm

Location: The Foundry Community Church
120 North Ash Street
Escondido, CA 92027
Between East Ohio Street and East Grand Avenue

Food Distribution Days & Hours: Tuesdays & Thursdays from 11:00 am - 1:00 pm; Wednesdays from 4:00 pm - 6:00 pm

EAST COUNTY & RURAL

Location: Lakeside Christian Helps Center
9931 Channel Road

Lakeside, CA 92040
Crossing Street Wintergardens

Food Distribution Days & Hours: Monday-Thursdays from 10:00 am to 12:00 pm

Location: La Mesa Seventh Day Adventist Community Church
4207 Spring Gardens Road
La Mesa, CA 91941
Across Spring Street next to Sunny Donut Shop

Food Distribution Days & Hours: Mondays, Tuesdays, & Thursdays from 9:00 am - 12:00 pm

Location: Stepping Higher Incorporated
9923 Campo Road, Suite A
Spring Valley, CA 91977

Food Distribution Days & Hours: Tuesdays - Thursdays from 10:00 am – 1:00 pm

Location: Heaven's Windows
8848 Troy Street
Spring Valley, CA 91977
At Goodland Acres County Park

Food Distribution Days & Hours: COVID-19 Hours: Tuesday - Friday from 9:00 am - 12:00 pm

Location: Santee Food Bank
9715 Halberns Blvd.
Santee, CA 92071

Food Distribution Days & Hours: 1st and 3rd Tuesday from 9:00 am - 11:00 am

SOUTH BAY

Location: Hearts & Hands Working Together
663 E San Ysidro Boulevard
San Ysidro, CA 92173
At San Ysidro Community Service Center. Distribution happens in the back of the building; wire fence door at far left of parking lot will open exactly at distribution time.

Food Distribution Days & Hours: COVID-19 hours: Monday - Friday from 3:00 pm - 5:30 pm

Location: CMC Good Neighbor Center (Nestor Site)
1120 Nestor Way
Nestor, CA 92154
At Nestor Methodist Church Center, enter by Flower Street, across from Swapmeet

Food Distribution Days & Hours: Tuesdays from 9:00 am - 12:00 pm

Location: National City Collaborative at 18th Street
304 West 18th Street
National City, CA 91950
Cross street is Hoover, between Mile of Cars and Fwy 5, near Kimball Elementary School

Food Distribution Days & Hours: Tuesdays, Wednesdays, and Thursdays from 8:00 am - 12:00 pm

Wednesday, July 8

25 new locations have been opened through partnership with Catholic Charities Dioceses of San Diego's Emergency Food Distribution Network.

COVID-19: Review locations and schedule a pick-up or **delivery** at www.ccdsd.org/efdn or by phone (619) 323-2841 follow the prompts (option 2) English, Spanish, and Vietnamese

CENTRAL

Location: Jewish Family Service of San Diego
8804 Balboa Avenue
San Diego, CA 92123
Near Coleman University. Distribution happens at the building on your left as you enter parking lot; reception area.

Food Distribution Days & Hours: COVID-19 hours: Monday – Friday 11:00 am – 1:00 pm

Location: Community Christian Service Agency
4167 Rappahannock Avenue
San Diego, CA 92117
North of Linda Vista Road, cross street is Clairemont Drive

Food Distribution Days & Hours: Monday - Friday from 9:30 am - 3:00 pm

Location: Unions United, United Way of San Diego County
4699 Murphy Canyon Road
San Diego, CA 92123

Food Distribution Days & Hours: Tuesday – Friday from 8:00 am – 4:30 pm **by appointments only (858) 636-4116**

Location: Calvary Evangelical Lutheran Church
3060 54th Street
San Diego, CA 92105
Enter through 54th Frontage St. Go to the one-story building behind the church building.

Food Distribution Days & Hours: COVID-19 hours Monday & Wednesday 11:00 am - 2:00 pm

Location: CMC Good Neighbor Center (Meade Site)
3295 Meade Avenue
San Diego, CA 92116
Corner Street is 33rd Street. Distribution is inside Christ Methodist Church; entrance behind building.

Food Distribution Days & Hours: COVID-19 hours Wednesdays from 10:00 am - 12:00 pm.

Location: Grace Church of San Diego
4637 Oregon Street
San Diego, CA 92116
Crossing street is Madison Avenue

Food Distribution Days & Hours: 2nd Wednesday from 6:00 pm - 8:00 pm

NORTH COUNTY

Location: North County Food Bank
1445 Engineer Street, Suite #110
Vista, CA 92081
Nearest major intersection is Sycamore and S. Melrose.

Food Distribution Days & Hours: **Food Distribution Days & Hours:** Monday - Friday 9:00 am - 5:00 pm; no appointment needed; if carpooling, must show proof of different addresses

Location: Brother Benno Foundation
3260 Production Avenue
Oceanside, CA 92058
Between Roymar Road and Airport Road

Food Distribution Days & Hours: Monday - Friday from 6:30 am - 10:45 am & 11:30 am - 12:00 pm

Location: Community Resource Center
650 Second Street
Encinitas, CA 92024
Between E and F Street

Food Distribution Days & Hours: Monday - Friday from 8:30 am - 12:30 pm

Location: Ramona Food & Clothes Closet Incorporated (in donation drop off area)
773 Main Street
Ramona, CA 92065
Between 7th Street & 8th Street, parking lot in the back

Food Distribution Days & Hours: COVID-19 HOURS Tuesday- Thursday 9:30 am – 2:00 pm

Location: Christian Credit Counselors
5838 Edison Place # 130
Carlsbad, CA 92008
From Camino Vida Roble, drive into Edison Place, 1st parking lot entrance on your left. This is an OFFICE building.

Food Distribution Days & Hours: Monday - Friday from 8:00 am - 4:00 pm

Location: The Community Food Connection
14047 Twin Peaks Road
Poway, CA 92064
Passing Twin Peaks Middle School just before CIRCLE K behind Trinity Church

Food Distribution Days & Hours: Mondays, Wednesdays, & Fridays from 3:00 pm - 6:00 pm

Location: The Foundry Community Church
120 North Ash Street
Escondido, CA 92027
Between East Ohio Street and East Grand Avenue

Food Distribution Days & Hours: Tuesdays & Thursdays from 11:00 am - 1:00 pm; Wednesdays from 4:00 pm - 6:00 pm

EAST COUNTY & RURAL

Location: Lakeside Christian Helps Center
9931 Channel Road
Lakeside, CA 92040
Crossing Street Wintergardens

Food Distribution Days & Hours: Monday-Thursdays from 10:00 am to 12:00 pm

Location: Stepping Higher Incorporated
9923 Campo Road, Suite A
Spring Valley, CA 91977

Food Distribution Days & Hours: Tuesdays - Thursdays from 10:00 am – 1:00 pm

Location: Heaven's Windows
8848 Troy Street
Spring Valley, CA 91977
At Goodland Acres County Park

Food Distribution Days & Hours: COVID-19 Hours: Tuesday - Friday from 9:00 am - 12:00 pm

Location: Warner Springs Community Resource Center
30950 Highway 79
Warner Springs, CA 92086
At the Community Resource Center across from Warner Springs School

Food Distribution Days & Hours: Wednesday-Saturday from 9:00 am – 2:00 pm

SOUTH BAY

Location: Hearts & Hands Working Together
663 E San Ysidro Boulevard
San Ysidro, CA 92173
At San Ysidro Community Service Center. Distribution happens in the back of the building; wire fence door at far left of parking lot will open exactly at distribution time.

Food Distribution Days & Hours: COVID-19 hours: Monday - Friday from 3:00 pm - 5:30 pm

Location: Lutheran Social Services - Project Hand
580 Hilltop Drive
Chula Vista, CA 91910
East H Street on the cross street of "I" Street
*Currently no parking out front of distribution (due to construction). Participants may enter the Church on the north side and walk south to "I" street to the door for food distribution.

Food Distribution Days & Hours: Mondays, Wednesdays and Fridays from 9:00 am - 2:00 pm

Location: National City Collaborative at 18th Street
304 West 18th Street
National City, CA 91950
Cross street is Hoover, between Mile of Cars and Fwy 5, near Kimball Elementary School

Food Distribution Days & Hours: Tuesdays, Wednesdays, and Thursdays from 8:00 am - 12:00 pm

Location: Oxford Terrace Apartments
555 Oxford Street
Chula Vista, CA 91911
Crossing Street Broadway, near Costco

Food Distribution Days & Hours: COVID-19 Hours: Wednesday before the 2nd Friday 9:00 am - 1:00 pm

Thursday, July 9

25 new locations have been opened through partnership with Catholic Charities Dioceses of San Diego's Emergency Food Distribution Network.

COVID-19: Review locations and schedule a pick-up or **delivery** at www.ccdsd.org/efdn or by phone (619) 323-2841 follow the prompts (option 2) English, Spanish, and Vietnamese

CENTRAL

Location: Jewish Family Service of San Diego
8804 Balboa Avenue
San Diego, CA 92123
Near Coleman University. Distribution happens at the building on your left as you enter parking lot; reception area.

Food Distribution Days & Hours: COVID-19 hours: Monday – Friday 11:00 am – 1:00 pm

Location: Community Christian Service Agency
4167 Rappahannock Avenue
San Diego, CA 92117
North of Linda Vista Road, cross street is Clairemont Drive

Food Distribution Days & Hours: Monday - Friday from 9:30 am - 3:00 pm

Location: Unions United, United Way of San Diego County
4699 Murphy Canyon Road
San Diego, CA 92123

Food Distribution Days & Hours: Tuesday – Friday from 8:00 am – 4:30 pm **by appointments only (858) 636-4116.**

Location: New Life Christian Covenant Church
2130 Saipan Drive
San Diego, CA 92139
Between Alleghany Street & Potomac St. Distribution happens in the back of the Church. Lights at lot turns on as you drive in.

Food Distribution Days & Hours: Tuesdays and Thursdays from 4:00 pm - 6:00 pm

Location: Greater Victory Baptist Church
1045 South 29th Street
San Diego, CA 92113

Between Alleghany Street & Potomac St. Distribution happens behind the Church. Lights in lot turn on as you drive in.

Food Distribution Days & Hours: COVID-19 Hours: open Thursdays from 10:00 am - 12:00 pm

Location: St Paul United Methodist Church of San Diego
3094 L Street
San Diego, CA 92102

Cross street is 31st St. Distribution takes place in back of the Church, go up the alley way; entrance will be on your left.

Food Distribution Days & Hours: COVID-19 hours: Every Thursday 12:00 pm - 2:00 pm

NORTH COUNTY

Location: North County Food Bank
1445 Engineer Street, Suite #110
Vista, CA 92081

Nearest major intersection is Sycamore and S. Melrose.

Food Distribution Days & Hours: **Food Distribution Days & Hours:** Monday - Friday 9:00 am - 5:00 pm; no appointment needed; if carpooling, must show proof of different addresses

Location: Brother Benno Foundation
3260 Production Avenue
Oceanside, CA 92058
Between Roymar Road and Airport Road

Food Distribution Days & Hours: Monday - Friday from 6:30 am - 10:45 am & 11:30 am - 12:00 pm

Location: Community Resource Center
650 Second Street
Encinitas, CA 92024
Between E and F Street

Food Distribution Days & Hours: Monday - Friday from 8:30 am - 12:30 pm

Location: Ramona Food & Clothes Closet Incorporated (in donation drop off area)
773 Main Street
Ramona, CA 92065
Between 7th Street & 8th Street, parking lot in the back

Food Distribution Days & Hours: COVID-19 HOURS Tuesday- Thursday 9:30 am – 2:00 pm

Location: Christian Credit Counselors
5838 Edison Place # 130
Carlsbad, CA 92008
From Camino Vida Roble, drive into Edison Place, 1st parking lot entrance on your left. This is an OFFICE building.

Food Distribution Days & Hours: Monday - Friday from 8:00 am - 4:00 pm

Location: The Foundry Community Church
120 North Ash Street
Escondido, CA 92027

Between East Ohio Street and East Grand Avenue

Food Distribution Days & Hours: Tuesdays & Thursdays from 11:00 am - 1:00 pm; Wednesdays from 4:00 pm - 6:00 pm

EAST COUNTY & RURAL

Location: Lakeside Christian Helps Center
9931 Channel Road
Lakeside, CA 92040
Crossing Street Wintergardens

Food Distribution Days & Hours: Monday-Thursdays from 10:00 am to 12:00 pm

Location: La Mesa Seventh Day Adventist Community Church
4207 Spring Gardens Road
La Mesa, CA 91941
Across Spring Street next to Sunny Donut Shop

Food Distribution Days & Hours: Mondays, Tuesdays, & Thursdays from 9:00 am - 12:00 pm

Location: Stepping Higher Incorporated
9923 Campo Road, Suite A
Spring Valley, CA 91977

Food Distribution Days & Hours: Tuesdays - Thursdays from 10:00 am – 1:00 pm

Location: Heaven's Windows
8848 Troy Street
Spring Valley, CA 91977
At Goodland Acres County Park

Food Distribution Days & Hours: COVID-19 Hours: Tuesday - Friday from 9:00 am - 12:00 pm

Location: Warner Springs Community Resource Center
30950 Highway 79
Warner Springs, CA 92086
At the Community Resource Center across from Warner Springs School

Food Distribution Days & Hours: Wednesday-Saturday from 9:00 am – 2:00

SOUTH BAY

Location: Hearts & Hands Working Together
663 E San Ysidro Boulevard
San Ysidro, CA 92173
At San Ysidro Community Service Center. Distribution happens in the back of the building; wire fence door at far left of parking lot will open exactly at distribution time.

Food Distribution Days & Hours: COVID-19 hours: Monday - Friday from 3:00 pm - 5:30 pm

Location: National City Collaborative at 18th Street
304 West 18th Street
National City, CA 91950
Cross street is Hoover, between Mile of Cars and Fwy 5, near Kimball Elementary School

Food Distribution Days & Hours: Tuesdays, Wednesdays, and Thursdays from 8:00 am - 12:00 pm

Location: Imperial Beach Neighborhood Center
455 Palm Avenue
Imperial Beach, CA 91932
Between Sea Village Drive and 5th Street

Food Distribution Days & Hours: Thursday before the 2nd Friday from 9:00 am - 11:00 am

Helpful Tip: Special lines for persons with disabilities

Friday, July 10

25 new locations have been opened through partnership with Catholic Charities Dioceses of San Diego's Emergency Food Distribution Network.

COVID-19: Review locations and schedule a pick-up or **delivery** at www.ccdsd.org/efdn or by phone (619) 323-2841 follow the prompts (option 2) English, Spanish, and Vietnamese

CENTRAL

Location: Jewish Family Service of San Diego
8804 Balboa Avenue
San Diego, CA 92123
Near Coleman University. Distribution happens at the building on your left as you enter parking lot; reception area.

Food Distribution Days & Hours: COVID-19 hours: Monday – Friday 11:00 am – 1:00 pm

Location: Community Christian Service Agency
4167 Rappahannock Avenue
San Diego, CA 92117
North of Linda Vista Road, cross street is Clairemont Drive

Food Distribution Days & Hours: Monday - Friday from 9:30 am - 3:00 pm

Location: Unions United, United Way of San Diego County
4699 Murphy Canyon Road
San Diego, CA 92123

Food Distribution Days & Hours: Tuesday – Friday from 8:00 am – 4:30 pm **by appointments only (858) 636-4116**

NORTH COUNTY

Location: North County Food Bank
1445 Engineer Street, Suite #110
Vista, CA 92081
Nearest major intersection is Sycamore and S. Melrose.

Food Distribution Days & Hours: Food Distribution Days & Hours: Monday - Friday 9:00 am - 5:00 pm; no appointment needed; if carpooling, must show proof of different addresses

Location: Brother Benno Foundation
3260 Production Avenue
Oceanside, CA 92058

Between Roymar Road and Airport Road

Food Distribution Days & Hours: Monday - Friday from 6:30 am - 10:45 am & 11:30 am - 12:00 pm

Location: Community Resource Center
650 Second Street
Encinitas, CA 92024
Between E and F Street

Food Distribution Days & Hours: Monday - Friday from 8:30 am - 12:30 pm

Location: Christian Credit Counselors
5838 Edison Place # 130
Carlsbad, CA 92008
From Camino Vida Roble, drive into Edison Place, 1st parking lot entrance on your left. This is an OFFICE building.

Food Distribution Days & Hours: Monday - Friday from 8:00 am - 4:00 pm

Location: The Community Food Connection
14047 Twin Peaks Road
Poway, CA 92064
Passing Twin Peaks Middle School just before CIRCLE K behind Trinity Church

Food Distribution Days & Hours: Mondays, Wednesdays, & Fridays from 3:00 pm - 6:00 pm

SOUTH BAY

Location: Hearts & Hands Working Together
663 E San Ysidro Boulevard
San Ysidro, CA 92173
At San Ysidro Community Service Center. Distribution happens in the back of the building; wire fence door at far left of parking lot will open exactly at distribution time.

Food Distribution Days & Hours: COVID-19 hours: Monday - Friday from 3:00 pm - 5:30 pm

Location: Lutheran Social Services - Project Hand
580 Hilltop Drive
Chula Vista, CA 91910
East H Street on the cross street of "I" Street
*Currently no parking out front of distribution (due to construction). Participants may enter the Church on the north side and walk south to "I" street to the door for food distribution.

Food Distribution Days & Hours: Mondays, Wednesdays and Fridays from 9:00 am - 2:00 pm

Location: First Christian Church of National City
1800 East 17th Street
National City, CA 91950
Between Palm Avenue and Hwy 805

Food Distribution Days & Hours: Every Friday of the month from 9:00 am - 10:30 am

Location: Lutheran Social Services of SoCal Project Hand
580 Hilltop Drive
Chula Vista, CA 91910
East H Street on the cross street of "I" Street

Food Distribution Days & Hours: 2nd Friday of the month from 9:00 am until food is gone

Helpful Tip: Special lines for those who are disabled.

Location: Community Food Bank of National City
2605 Highland Avenue
National City 91950
At Highland Avenue Baptist Church between 30th and 24th Street

Food Distribution Days & Hours: 2nd Friday of the month from 9:00 am - 11:00 am

Helpful Tip: Line numbers issued at 7:00 am, you can leave the line

Location: Nestor Methodist Church
1120 Nestor Way
Nestor, CA 92154
Entrance by Coronado Ave across from Swap Meet

Food Distribution Days & Hours: 2nd Friday of the month from 8:00 am - until food is gone

Helpful Tip: Line numbers issued at 5:30 am, you can leave the line, no special lines for persons with disabilities

Location: Hearts & Hands Working Together
Drive Thru Distribution at San Ysidro Middle School
4345 Otay Mesa Road
San Ysidro, CA 92154
Two families per vehicle

Food Distribution Days & Hours: 2nd Friday of the month from 8:00 am - 11:00 am

Helpful Tip: Line numbers issued at 7:00 am, special lines for seniors and persons with disabilities

EAST COUNTY & RURAL

Location: Heaven's Windows
8848 Troy Street
Spring Valley, CA 91977
At Goodland Acres County Park

Food Distribution Days & Hours: COVID-19 Hours: Tuesday - Friday from 9:00 am - 12:00 pm

Location: Warner Springs Community Resource Center
30950 Highway 79
Warner Springs, CA 92086
At the Community Resource Center across from Warner Springs School

Food Distribution Days & Hours: Wednesday-Saturday from 9:00 am – 2:00 pm

Saturday, July 11

CENTRAL

Location: Mt Moriah Christian Church
7055 Carroll Road
San Diego, CA 92121
Church is at a business park. Distribution happens behind the church.
Food Distribution Days & Hours: Saturdays from 9:00 am - 11:00 am

Location: Ladle Fellowship
320 Date Street
San Diego, CA 92101
Between 3rd and 4th Avenue
Food Distribution Days & Hours: 2nd Saturday from 9:30 am - 11:00 am

Location: San Diego Broadway Spanish Seventh Day Adventist
2411 Broadway Street
San Diego, CA 92102
Cross street is 24th Street (Golden Hill)
Food Distribution Days & Hours: COVID-19 Hours: 1st Saturday of the month, 3:00 pm – 6:00 pm.
2020 Holiday closures: Rescheduled to 7/11/20 in July
Helpful Tip: Line numbers issued at 1:30 pm, you can leave the line, special lines for persons with disabilities

EAST COUNTY & RURAL

Location: Warner Springs Community Resource Center
30950 Highway 79
Warner Springs, CA 92086
At the Community Resource Center across from Warner Springs School
Food Distribution Days & Hours: Wednesday-Saturday from 9:00 am – 2:00 pm

For future distributions, please check back on our website:
SanDiegoFoodBank.org/GetHelp
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